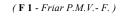
In the 1stLuminous Mystery, we read and we meditate undisturbed :





"The Baptism of Jesus in the Jordan River"...

FROM THE GOSPEL ACCORDING TO - MATTHEW -:

"After Jesus was baptized, he came up from the water and behold,... a voice came from the heavens, saying, 'This is my beloved son, with whom I am well pleased.'" (Matt 3:16-17)¹

MEDITATION ON THE MYSTERY:

Lord, give us the grace every day to be able to come out of this river of worldly (or even liturgical) patterns, a little as Your Son Jesus did. [In coming out of the river, Jesus] teaches us the true meaning of Baptism: not only having flowing water poured on one's head to be purified from sin, but, above all, having the Spirit of good will in our hearts which pushes us to search only (and at all costs) for your Will! (cf. SLC, p. 395)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to baptism, Pope Benedict XVI says: "In connection with Jesus' Baptism descent into the deep can...signify descent into death, just as ascent from it can signify rebirth. (BENEDICT XVI, Jesus of Nazareth: Doubleday [NY] 2007, p. 239)

¹NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

.....

Then follows ...

- 5 Hail Mary
- 1 Glory be to the Father ... (Sung)
- Praised be,,,O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : "Aveeeee, AveeMaria"

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...

¹ Our Father ...